

the entertainer's

PERSONAL DEVELOPMENT GUIDE

TO BEING A STAR

Hand Book Planner

By

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Dear Entertainer,

Peer deep into a mirror and question yourself: “ Am I a Star?”

Analyze closely all the different segments of yourself and ask sincerely:

Am I performing to the best of my ability to reach Stardom? By Practicing? By Performing? By Living? Am I Star and succeeding taking the initiatives to reaching the ultimate Star Power?

How about what you wanted desperately to do as child...are you doing it? If you are, are you a Star?

If you have even the slightest worry you are not achieving your best and are very anxious to becoming better, this handbook is for you. This reading that you are about to apply are four easy steps to achieving your goals to be that star you have always wanted to be. Sound a bit farfetched?

If this does, you may even recognize the ease of 5 easy steps to finding that there is no challenge in the simplicity to awesomeness.

Not to point fingers, but those who make things complex are usually those who are most likely to fail puzzled by simple people surpassing them. The reality is there is nothing in common with complexity and being a star. As a matter of fact when you really look it, count all the complex people you know who are grumpy and unhappy with their lives, and everyone around them.

If you take a realistic view of all the complex people on earth over 90 % will tell you that it will take more than a big brain and talent to be a star. So what's the reality? Does it take a talent and a big heart? Just count how many people you know with big hearts with talent and dedication who are not stars.

Well of course it takes more to being a star than talent, a big brain and a compassionate heart... and what's more my friend is that it's simple. It is a star strategy used by every famous actor, musician, athlete, celebrity the world over throughout history ready to be revealed to you in this very simple handbook.

I have to admit, these steps that will be detailed throughout this book may not be the exact steps that other stars followed, but the same basic principles that build a star foundation are the same. As you begin to use them you will notice and start to create your very own star strategy... How fantastic is that and the key is you are a star. This handbook is your guide to taking action.

Your five steps:

- 1) Being a Star**
- 2) Plan as a Star**
- 3) Act as a Star**
- 4) Live as a Star**
- 5) Action as a Star**

Wow! How simple is that. Don't be fooled, looks are deceiving. You would not believe how some of the most powerful strategies the world over are the simplest. I was once told that simplicity is the last step in art. Let us begin to embrace this powerful simple star strategy that will certainly make an impact on your entire life.

Ready let's begin...

Part 1: Being A Star

"Being a Star there is no Acting. It's a knowing that you're a Star, Authenticity."

Star Attitude

Stars just know they are special. They put their arms around this knowing and support this with every bit of their heart, body and soul. They don't have an exit strategy if things go wrong. They always *visualize* the applause from the crowd or winning that special award after their award winning performance because they always give it their best.

They always visualize positive thoughts of succeeding. They always practice because practice makes perfect and are always evolving and learning. They always look to better themselves whether it is entertaining or marketing themselves for business only to find all the reasons and ways to promote themselves.

They know this specialness, and they never let go of this star power.

Always & Forever!

Well, if it's really that easy to be a Star why isn't every entertainer a Star? Is that really all that there is to be a Star? What if you expect to be a Star and you end up not becoming a star anyways?

Alright, OK, we'll get back to that in just a minute.

But Step One, you must rid yourself of those questions and choose by making a *decision* immediately knowing and expecting to be a star with anything that you do. That's all; it's a choice that very few entertainers ever make as an easy decision for life.

What are the reasons for this? A lot of entertainers think they have to have the *how* to be a star before they have made the *decision* to be a star. It is generally their *belief* that they must have everything perfectly together before and must have the knowledge, elements, performance style to be a star prior to even making an attempt to be a star.

Despite all the discipline, study, practice, toil, and emotions, the majority of entertainers don't expect they'll even have a chance to be a star. It is a limiting belief and expectation of a star having this requirement of certainty and that my friend is not the reality.

It's not required that you know that you are about to be a star to be a star. It's not even required that you know how to be a star. As a matter of entertainment which will be revealed to you, that it's even better to perform when you don't really know the cards stacked against you.

To be a star requires authenticity and starts with being a star, it's not this requirement of certainty or validation. Quite the opposite the natural confidence of certainty and validation arrives through the result of a decision you make to be a star and the belief of being a star.

Almost all entertainers that never achieve stardom as they intended occupied years of plotting their plan how they are going to be a star prior to even making that *decision* to be a star. What's more, only a minority of entertainers decide to be famous and proceed with that decision being a star arriving to stardom.

It's really important to get this: being a star is probably the first decision you make, much prior to beginning a plan or executing any actions to perform. If you start with this attitude, the road to success will be amazingly easier when difficulties arise.

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What is being said is being a star is that secret element, a catalyst when added to all other principals to come alive.

At this very moment, prior to you taking any steps, decide on one important goal to once you achieve this realizing to yourself, you're a star. Don't waste a moment pondering how or what actions to take. Do not even think of the results of when you go for it and the feelings you may have if you fail.

Have this expectation of winning. Appreciate this feeling expecting and hoping with you. Use your imagination of how it's feeling when it's already happened and everybody who didn't think you could do this is amazed filled with envy.

Even better, use your imagination seeing, feeling the sincere pride of you and your real supporters after you won. Hang on to these images in your mind to the point your feeling it though out your whole body & soul. This expectation to achieving your goal, being a star as you'll experience, all else will fall into place on this journey to stardom.

Star Standards

Alright, you've made the decision to be a star having the expectation of stardom... great beginning. So what do you do next? Perhaps we should have a little analytical reflection prior to the next step...

Let's say you are an aspiring star with average intelligence, you have this thought: "Alright, I have an expectation of being a star, but will sustain it?"

This is a reasonable thought and in reality there's going to curves in the road that may question your belief in that expectation of being a star. Now remember this significant point, "keep to your original standards" in every case.

Always & Forever...

Anthony Robbins, a world re-known motivational guru stated, "People who have high standards also have high rewards." You should now realize the reason for the many who obtain low rewards. Making any sense, those entertainers not making stardom?

So what's going on with an entertainer having low standards? You would figure that every entertainer desires happiness, health and wealth not to mention great relationships and a fine career.

Well it makes sense that everyone begins this way, but not many end the way they originally intended. It's not that they give up on stardom... The reality is that they just lowered their standards.

You always hear this peculiar secret success suggestion... Never give up! Yes this is critical in anyone's career and yes entertainers in general take this suggestion seriously for life.

This is not the problem when entertainers hit a temporary road block and become a little disappointed and not achieving what they desired as a result. The real problem exists that most entertainers just lower their standards and therefore live default, getting what they get.

If you take a look at this, in all segments of your life, questioning yourself, "Could I enjoy a better life?" Certainly, so why is this not happening for me?

Either of two reasons: You are striving to achieve your goal or you just lowered your standards, settling for what you have. Giving up was not a choice or you'd have nothing.

Really think about this, failure is not an option. Not very many entertainers are really failing in making money. A lot of entertainers are just not making the money of their dreams. The reason for this is they are just not pushing the scope to make more.

There are not many entertainers that completely fail at building relationships either, but they are not really the type of relationships that they really desire. Not to be repetitive but, it's just that their standards are not motivating enough to push the scope to for their betterment.

It seems the majority of entertainers consume the minimum, enough to avoid dying from starvation or thirst. When you really think about it, entertainers are extremely disciplined and generally keep to their diets. Very seldom will you find an entertainer with the body they really want. Once again, it's standards.

Standards could be applied to any part of your life. By doing this you will find that the results in your life will be representative of the standard you have set. If you don't believe it just view the parts of your life that do not meet your expectations and question yourself:

"What higher standard compels me to act and inspires me to make a difference in this part of my life?"

Although a little voice or your logic tells you to better yourself to a higher standard inspiring you to get this book, that's great! What's more significant is having this particular standard of your desire, with an expectation to have it and a commitment to always uphold it.

Forever Always!

As time goes along you find we make adjustments to plans on a timeline on our life's journey. The important point to always remember no matter the changes is to:

"Forever always hang on to your original standards which you established for your original expectation of stardom."

You are soon going to realize that this singular point by itself will make everything probable...

Realizing the Improbable

Is the meaning of improbable, "not likely to happen?" It is fascinating to think of the many amazing feats accomplished though out history deemed improbable... To name a few as:

Circumnavigating the world

Walking around the planet

Sailing faster than the speed of wind

Breaking the sound barrier

Walking in outer space

Landing on the moon

Discover yourself though personal development using the many historical events in time that were literally thought "improbable" and are now just common everyday knowledge.

Well, how is anything ever probable?

It typically starts off with a person having a belief that something is probable, establishing an expectation from that belief, and continuing on that original standard to the point that the improbable turns into probable. Get that this

begins with belief, and an expectation of “probable” that it is not only probable, with these tools you control, it is being realized.

Let us use a phrase for the word improbable: “Beyond belief.”

Ok now! Usually when we state that a particular thing is improbable, the reality is we just affirmed that it is just beyond belief... for most people anyways. For instance, Christopher Columbus when he wanted to go west to find trade routes to the East for fortune & fame, world navigators thought he'd fall off the earth because the belief was the world was square and therefore improbable.

So if Christopher Columbus had this belief that it was improbable to go west and off the earth the Monarchy would not have been open to discovery. Christopher Columbus had a knowing, a belief that it was probable and had he not had this belief, he would not have insisted the Monarchy finance his discovery.

Finally, the improbable turned into the probable... and not only were the world navigators disbelievers they themselves eventually circumnavigated the world. Christopher Columbus reached stardom to this day and navigators became believers in a paradigm shift that changed the world's thinking.

This is an historical account to show how the expectation of stardom and keeping standards makes “Beyond belief” believable. That's all there is to making the improbable, probable: Belief supported by expectation and an unwavering responsibility to that original standard which developed that belief. A simple view formula explanation:

Beyond Belief = Improbable

Believable = Probable

I hope you now recognize that you choose your results to being a star. Now by choosing the improbable to become probable is easily done by belief and expectation of your created stardom. It is from here you just apply three more principals of stardom.

You begin by finding and knowing exactly what it is you desire, expecting to have it and believing in your end result-

But first, you must determine exactly what you want, expecting to have it and agreeing to believe in that end result – regardless of any excuses you come up with that may stop you from believing in your chosen cause.

Much different from most people that decision for that belief in your cause does not require education or experience. As a matter of fact during Columbus's time nobody really knew that the world was round. But in their education of a belief at the time would have stopped them from it if it weren't for Christopher Columbus's belief.

Columbus and most sailors of the time had little knowledge crossing the Atlantic, but that lack of experience possessed a great outcome. So it is not necessary to have knowledge and experience for the belief that anything is probable... The lack of it can also be beneficial.

No need to remind you, but perpetual learning, developing and executing action plans are keys. The most important and primary is the belief in your goal, only second to expectation to reaching it and third maintaining those standards you created for it always and forever.

By continually doing this motivates your research and plan development against making valid any doubts that your goal is probable or not. Alternatively, your application of knowledge and plans shall benefit you and helps inspirational solutions through realizing your goal.

Part 2: Plan to Win

“No Plan, Just your Dreaming, Dreaming is Great if that's all you Want.”

The Power of Focus

Developing a Plan is the tool to get expectations in focus cutting out all distractions. It guides your passions to the results in your expectations of stardom. Your organized plan clears out fear giving you certainty with a strong map as foundation so that you immediately take action to achieve your goals.

“Goals are dreams we convert to plans and take action to fulfill” Zig Ziglar, a top motivational speaker

Having the proper mindset is the key when going into your planning stage. This is an expectation to being a star and never lowering your standard. A knowing, that this expectation as being a star begins before you put the plan together to take action to fulfill it. As a matter of fact being a star is a must if you desire to have any hope of stardom.

Remember that when you have this expectation, now begins the planning stage through a written plan of action and taking action immediately.

Ready or Not Here We Go.

Bob Proctor, a famous personal development speaker states, “The best way to do something great is to start right now.” Following up by saying, “the best way to start right now is to develop a plan of action and to start immediately on the first step.”

Step two in the star formula.

This is the part where entertainers have the most trouble when it comes to star planning achievement: Trying to make a totally flawless plan before taking action.

A Huge Error...

Instead of quickly starting invites “paralysis in over-analysis” making you become a victim to the greatest hurdle to achievement: Procrastination.

This is what happens; an entertainer places too much effort in planning before taking action opening the door to being attached and consumed by a plan losing momentum on the initial goal. If and when plans begin to fall apart, everything becomes more difficult to undo and creates changes to failing elements.

In general, they decide to continue with this failing plan verses developing the end result as the focus of attention. What end up happening is this continuation of a flawed plan that’s not or half working, losing momentum, becoming worn out left only to lowering standards.

Very Important: In developing your plan, just give it your best efforts in writing and quickly get started... Ready or not here I come... This approach is generally quicker than making up answers, over analyzing and trying to create the ultimate plan before testing. In this fashion you just test your plan immediately to find what’s functioning properly or what’s not.

Let’s look at how that’s done...

Failure Control

Utilizing words constructively helps save us time and since we’ve switched the word improbable for beyond belief, we could serve ourselves better to substitute another word for ‘failure.’

Failure = Factor

You bet your britches, when your plan fails, treat that failure as a Factor and nothing more. Many of us take much time and effort to steer clear of failure or try to deal with it emotionally... treating it negatively as something bad.

Any of these ways end in procrastination. The ideal technique to control this is to treat it as a factor... so what can you do with a factor?

You can do two things: either you discount it, or take it and gain knowledge to redo your plan appropriately. You will find for yourself that the later choice is far more efficient.

Imagine in your plan you see a raging killer water fall on your path, feeling the fear... that's a factor. There's danger, a threat as the fear of failure... This is your closest ally. This signals through to your brain letting you know you need a course adjustment avoiding a threat.

This is precisely how you should be controlling your failure: as a receiving devise, collecting factors to grow and make adjustments to your planning.

The problem exist with many entertainers dealing with failure is that they tend to lower their standards. That's a fact. Most entertainers rather than taking lessons of failure to changing plans, they change their expectations.

Remember the time you started to perform to your peak your excitement was so high you could hardly contain yourself. Have you failed on your way to stardom? If this is the case, how did you deal with this failure? Were you able to adjust your plan, continue while keeping your standards up?

If that wasn't the case, most likely you went down the regular road and lowered your standards, but that's alright. Remember the learning lesson when failure comes again; treat it as a factor, using it to make adjustments to plans.

Well of course, there are quite a few entertainers that think:

“Wouldn't it be better to make a flawless plan from the start verses having to constantly make changes to it?”

As you well know that a flawless plan just does not exist as far as one not needing any type of change. If in fact a plan like this existed, this could only be created if the goal had been already accomplished designated to be accomplished.

Really give this some thought, if you were to desire something and you do not have by now the perfect plan or reason for this, simply because you don't have the knowhow to get it... then this is the reason you do not already have a flawless plan. If you were to even to have achieved your goal, you would not have a flawless plan that someone could follow to succeed in that same goal.

Can you imagine if this was probable? Everybody would be a star in stardom, destined to be wealthy, healthy and successful. A perfect plan does not exist.

All entertainers who ever became stars paid their dues for their desires. Those dues were a learning process to the use of factor, a tool to reaching stardom.

Check out how to do this...

Replicating Stardom

Next, if you are adverse to the thought of acting on the ultimate plan to utilizing failure as a factor to make course corrections on your path to stardom then be thankful for a truth...

Failure is part of learning and the more you learn the better the build replicating stars through adjustments to innovating stardom. The famous producer director Woody Allen once stated, "If you're not failing every now and again, it's a sign you're not doing anything very innovative."

You already know that no one really ever starts out as a star. Everybody on their journey to stardom pays their dues to overcoming failures, learning what succeeds and what doesn't. The more lessons learned from failures while making adjustments, it has been said for every failure I get brings me closer to success.

The real key to this is keeping to your standards and making course corrections to your plans. It's not very probable that you'll learn from what succeeds. When you find this out, what do you think you'll do?

You'll keep on replicating, and replicating, and replicating, and replicating.

You got to know this. There is a possibility that you could repeat trying, by researching, analyzing, and planning again without prior action. However if you synthesize the ideal plan, actions require results anyways... what this means is you will always end in risking failure.

Although there is a difference between knowing and doing, in reality there are no totally complete flawless plans.

You can have the best made plans and strategies from the greatest that could completely fail or succeed. There are so many personal factors and variables that make up innovating stardom such as: physique, intelligence, personality, subconscious mindset, practices, timing and environmental influences in reaching your goal that it boggles the mind.

The quicker you jump start, the sooner you'll begin getting factors making you tailored made plans adjusting to your successes. The more quickly you begin; your start shall realize factors for your learning adjustments to develop push button results on demand.

Do you remember an American icon, Mickey Rourke, a Hollywood star who became down and out in Hollywood to come back to super stardom once again?

What did he do to get back?

He just replicated factors that made him a successful star in the first place... and you got to know that he had to go through many failures his first go around. And guess what he learned from those failures? These lessons he used were factors to develop stardom again.

Robert Downey Jr. is another classic example of a Hollywood star failure. Robert a fabulous actor let alone a star, lost everything he once had several times relapsing from rehab to rehab. He had to reinvent himself from music to acting and each time he reinvented he learned new things and made adjustments.

These adjustments made were from factors and correcting plans. Robert has become one of the greatest Hollywood stars today worldwide. All you need to do is set your goal with an expectation for reaching it, then plan it on paper and take action immediately.

From now on you're able to manage your original standards while getting factors to achieve your ticket to stardom. This is acting as star...

Part 3: Act as a Star

"Stars love to entertain more than they love stardom."

The Heart of a Star

The critical part of this entire book is this point: If you really passionately desire to be a star you got to have star performance in your heart. In fact you

genuinely must love the journey all the way to stardom more than you love the achievement of stardom itself.

In reality when you endeavor on your path to stardom isn't the award winning performance really tiny relative to all the great times on your way up to stardom? If you focus too intensely on award winning performance you will be missing some of the greatest times in life on that journey.

Actually, the more you center your attention on the award winning performance; you're more inclined to miss it. What do you think the reasons are?

It's really simple; the issue is really not the award winning performance.

What really counts is every single performance on your way on the journey to the award win. Giving your all too each and every person along the way, not allowing for distractions, you usually win before you even realize it.

Oprah Winfrey once stated: *"What I know for sure is that your life is a multipart series of all your experiences- and each experience is created by your thoughts, intentions, and actions to teach you what you need to know. Your life is a journey of learning to love yourself first and then extending that love to others in every encounter."*

On the other hand, you could spend your time and energy on things you've made a decision on, where in actuality you've already set that expectation to occur.

Why be distracted? Being present is the spirit of life itself.

Acting as a star on the journey to stardom is in everything you do, no matter how small down to the grand finale. So many entertainers wish away their lives too focused on dreaming, being somewhere else besides being present.

So when they are visualizing themselves somewhere else verses being there in the place where they are, they are missing their present life. Only life right in the now, the actuality, not the future and past is real.

As a result, an entertainer gives only part of their potential to their performance therefore much effort and energy is wasted in that moment. Can you imagine how much time you're spending on thinking about the future? You're caught up nerve raking, hopeful of stardom, daydreaming...

The amount of time spent on daydreaming on your future you are wasting, taking away from your star potential in the present. Stars give it their all,

performing totally in the present, right at that time. Good or bad 100% is dedicated to this performance to reach stardom where that award winning achievement occurs purely on its own.

One of the greatest stars of our time and fabulous model of this is the infamous television talk show host Oprah Winfrey.

She once stated:

“Doing the best at this moment puts you in the best place for the next moment.”

If you don't know who Oprah is, and have never seen any of her shows, she's always at her very best... every show, she pleases her audience of thousands if not millions moment by moment each and every day.

She must be passionate about every topic with all heart and sincerity, over to capturing good ratings of her show. To Oprah this is the greatest day in life, day in and day out forever...

Oprah's outlook is never:

“Whatever, why care about ratings anyways, why do anything better?”

Her whole thing is empathy. She cares about her audience. She gives her audience herself; people are always her friends down to the lowest victim.

This is a heart of a star...

Always remember when you are selecting your expectations on being a star while working your plan, failure is never an option. Allow nothing (whether be it winning or thought of losing) to distract you from giving all of your heart and spirit to every performance.

Use the never changing outlook as Oprah Winfrey and take this mantra:

“Failure is not an option, I only study factors and go beyond.”

Obviously, this is tough for the majority of entertainers to swallow and it's most likely that they are too occupied with being defeated by failure. Generally they become stuck on the result, so paralyzed by it that they totally overlook the message given to them in that failure to learn from. In the end, they are so stuck on the win or loss of that performance it's lost; lowering their standards and lose.

Consequently, a few of you may have some thoughts on this:

“How can I have a star expectation and detach myself from the result?”

You plainly set your star expectation and focus your total effort on star performance.

Well, star expectation isn't that you place all your thoughts on your award winning performance... It's quite the opposite. You just set your star expectation and let it be. The truth is, if you place too much thought on the award win it may be possible that you'll make it more difficult for you to expect it.

Remember the times where you pay little thought to things that you just expect to happen. Case in point, you expect a light to turn on when you flip the switch. You expect water to come out of a faucet when you turn the knob. You expect your feet to stay on the ground when you wake up every morning and get out of bed because of laws of gravity.

Every day you expect air to breathe with every breath you take. You don't have a second thought, you waste no time whatsoever thinking about this... if you did, indecision and doubt would dig in.

All you do is set your expectations and let it be.

This is how you detach from the largest distractions to being a star...

Performance Detachment (detaching the result)

Never allow yourself to be too emotionally involved with your thoughts of stardom.

Alright, although this may seem like a contradiction, in actuality it really is sage advice. The reason is realizing you can have expectation and just let it be. With that in mind, focusing all of your efforts on your performance is then the key.

The flip side of this is allowing yourself to get so emotionally involved on thinking stardom; the focus is lost in the essence of fully concentrating on the present and authenticity of your star performance.

So what is the reason for this?

In life's experience, one cannot help skepticism, even in the strongest of character, this indecision and doubt always turns to fear. The way to overcome this is by fully dedicating 100% to your star performance. By only doing this, you're able to own stardom and control your end result.

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Robert G Allen once stated, “Fear melts when you take action toward a goal you really want.

Recognize that if you’re distracting your energy on the future, you’ll have less time to give 100% energy on your star performance. You must realize that if you place too much emphasis on stardom you’ll create way too much stress which could really put a damper on the pleasure in your performance.

If this occurs, your passion for performance will diminish. You will then begin to wander your focus to different opportunities that seem more appealing. This is the reason that many performers become confused from their fear of success seeing greener grass on the other side or escapism sets in for that castle in the sky while in the mean time life in the present disappears.

Now if you were to detach yourself from the end result, focusing all your energies on performing, performing your best, the results will come on their own doing. The performance could be singing, dancing, playing an instrument, marketing you, or making yourself into someone else as acting or perhaps playing a sport.

To get to the heart of it all, if your dedication is passionate to being present to the performance, performing, giving your all, heart and soul, this is what brings pleasure and unsurprisingly shows you’re on your way to stardom.

This is how the stars perform.

By their letting go and practicing brings energy and passion

You wouldn’t believe that this is the secret to their energy and excitement to really control failure to the point of mastery in skills of modeling success. For this reason most of the public view stars believing their just “fortunate.” We never see the blood, sweat, and tears of their success... alternatively; they appear to love every second of it.

Stars derive success by detaching the results and perform to their finest effortlessly as the air we breathe. Yet there is no special or secret technique applied to this course of action. Rather, it is the straight forward constant expectation of stardom, the efficient control of factors, and the dedication to performing with all of their heart and soul.

This is how the true star keeps the manner that achieves the unwavering strength and poise...

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It's All Entertainment

Always and forever remember whenever you perform, it's just entertainment. Whenever you try to perform any other way, you'll become so engrossed in the performance, even at your best, it's hard to be authentic. What happens is, you place more importance in the results over the performance.

Those who are award winning stars place their importance on entertaining. Performers live entertainment, sleep entertainment, they become entertainment.

Stars are never pressured or weighted down or ever hard on themselves when they receive factors or failure criticisms. Stars welcome all that comes opening themselves for discovery, enrichment to become greater entertainers. What stars really want is to entertain and perform giving everything they got.

So it is, even the course on the journey to an award win is entertainment.

Anyone who just doesn't get it, there is really more to life than what we imagine. Just take a look at when we die, we won't be taking any awards anywhere. You won't be taking any of your public or private possessions with you... Nothing, no money or honey, even if you've spent your whole life mastering singing, dancing or playing an instrument, when you go, your body becomes stiff as a nail, ready to rust into dust.

Everything that you have spent your entire life for performing entertaining for life, when it's all done and gone and the music is over... You should now come to realize that really it's just nothing at all.

Well, you might think this is a little negative, however it's really the ideal methodology for you to develop yourself into a super fear free goal getting monger. Having this knowledge always and forever empowers you to realize that it's just entertainment and there's no reason to fuss over success or failure...

All you need to have is this expectation of being a star and focus yourself on performing, entertaining with all you have. Everything besides that is really nothing.

Franklin D. Roosevelt stated in an address to the nation:

"Only thing we have to fear is fear itself." This is so true; fear is nothing, but a factor...

The world will seem to end one day and there may be nothing that you can really do about it, whether be it a personal problem, a financial disaster or a war itself.

FDR, a man stricken with poliomyelitis, faced as president one of the greatest financial disasters and wars in the world, the Depression and World War II. Challenges everyone has in life, which he applied as personal perspective to build himself in times of fear & rejection as if it were nothing. This mindset positioned him using this outlook to eventually to become one of the greatest presidents to possess unwavering courage.

You may take notice to realize that this finding in the use of his personal perspective as an outlook not only prepare him for presidency, but it was something that made him the only president to serve over two terms to becoming one of the top three American presidents in history. This was in the in the early 30's.

You may ask how does courage and poise come into being.

John F. Kennedy once said:

“To be courageous requires no exceptional qualifications, no magic formula, no special combination time, place and circumstance. It is an opportunity that sooner or later is presented to us all.”

Accepting this as a fact of life, being a star is really nothing and you recognize that it's just entertainment. In reality, worrying is not a good rational for good results, but rather you should place 100% focus upon your greatest performance, with an expectation of stardom, detaching from the results and letting it be.

What this is... living as a star.

Part 4: Live as a star

“You're a star knowing that stardom is a way of life.”

Forever a star

Entertainers always perform at their best. In that best performance they celebrate and absolutely love showmanship performing their way to stardom. All the while, entertainers in their peak performance keep grounded as to respect

the art. Alternatively they always continue to look out for those big breaks that open up for them while performing at their very best. Stars forever entertain.

It is that stars know that entertainment is for life. Entertainment is forever. They never take it for granted and always push the scope. Stars are thirsty for and passionate about performing in entertainment as a lifestyle that drives them to be that great person creating a more fantastic world.

In that, it is their world to make.

An activist John Hope stated:

“Dissatisfaction with possession and achievement is one of the requisites to further achievement”

What do you think happens when a person is satisfied; it gives a person the propensity to just take it easy. Although it’s really essential for the spirit to recharge its batteries, you find in the wisdom of Proverbs 6:9-11 states:

“A little slumber, a little folding of the hands to rest, and poverty will come to you like a robber, and want like an armed man.”

Stars recognize that life as water flows only downstream. Furthermore the world surrounding them is like a river constantly changing, they will never be in the same place in a river, water constantly flows as gravity and if they do not go with the flow they can be stuck in the mud as the world rapidly waves them by leaving them behind.

Instinctively inside them satisfaction could eventually become a quagmire to weaken the mind, body and soul. They recognize that if they are not progressing they are disintegrating therefore many who are always pushing the scope to thrive and succeed become the inspiration and motivation for entertainment throughout the world.

For this reason our universe of entertainment is ruled by the unsatisfied.

“Is it possible for a star to be unsatisfied and love entertaining, how’s that?”

Entertainers distinguish the dissimilarity between un-satisfaction and unhappiness. Someone who is not happy seems only to be happy when there is some outside stimuli to generate happiness. Those who don’t look inside themselves may never realize that true happiness lies within.

The passion and drive to discover, practice, and surpass excellence living each day to the best as if it were their last is the way. Forever a star is a never ending lifestyle that perpetuates itself in only this way. So making the critical decision to be content and satisfied and allowing the ego win over yourself, you lose, as others overtake you by performing better on the road to stardom.

Forever a star is beyond just living, it's an existence that requires passion, fortitude, excitement and dedication to be the best infectious reservoir of encouragement to all. Remember to set that detailed goal with that expectation to obtaining it, building beyond failures, replicating achievement, entertaining to perform the best, forever knowing that this is never ending.

From this, is your way to being forever a star giving you the strength to realize that it is your eternal destiny...

Continual Development

Making decision and commitment to being a star is primary to your success to your personal & spiritual development inside and out to be truly happy in entertainment. This continual development is not only important but taps into the very essence of our life in entertainment to perform to our very best.

In reality, every living thing in this world is always constantly changing, continually developing in its evolution of growth. All life perpetuates life, in plants and animals, as a seedling germinates to grow into a tree through photosynthesis, a chemical process that converts carbon dioxide into sugars using the energy from sunlight.

We as humans at this very moment are changing every minute. As a matter of fact 300 million cells are being replaced every minute. There are approximately 100 trillion cells in the human body where change is so inevitable that soon you will become a completely changed person.

Continual Development is expected.

This is something always occurring and it's anticipated whether we like it or not.

What we can control is the decision as to what we will continually develop into. This decision is to lay down your expectations and commit your actions to this.

The question is will you commit to continually develop yourself to be a star or let the whim of your environment dictate your personal development, such as: television, radio, social media, the public and etc.?

Recognize the choices, whether you're in denial or are unaware of your continual development you will be facing this either way. The decision will be yours to be accountable for your own personal development.

Should you decide not to control and commit to your own continual development somebody or entity will. We live in a historical time known as one of the greatest aggressive marketed societies.

We are infiltrated with psychological subliminal copywriting marketing campaigns prompting us to taking action through persuasion causing distraction from your commitments to your succeeding your goals you've planned and aligned to your purpose and destiny.

Having gratitude, given the power of decision really focuses your mind on your aspiration as you program yourself to seek out your true passion. Napoleon Hill, in his book "Think & Grow Rich" stated as one the greatest powers and a secret to success: "Those who reach decisions promptly and definitely know what they want, and generally get it."

An important secret obtained through the easy practices in this handbook, when you start using principals through a commitment to continual development you shall unquestionably develop into that star where stardom is reached as a seedling sprouts into a tree towering skyward to the stars.

This is your beginning in developing the character of an award winning star.

The Authenticity of a Star

Entertainers are not stars just because of performance; it is because of their authenticity of really who they are internally. Stars just don't become stars because of some strategy executed. When an entertainer practices this expectation being a star, with a plan to stardom, and entertaining ultimate performance, this particular methodology starts internally to synergistically yield greater results enhancing an entertainer's totality... not only does this bring about change this transformation becomes them.

A normal person that practices this methodology to being a star starts developing themselves inside with an authenticity of a star. Once this transformation occurs, success happens regardless of their surroundings or what people say or do, irrespective of belief, limited resources and if it is against all odds.

For instance, somebody who has instilled the authenticity of a marksman is able to duplicate a process of shooting 500 shots to hit a greater sum of bulls-eyes relative to a regular shooter who is able to hit with a 1000 shots. Somebody who has instilled the authenticity of a star pianist is able to play an inexpensive beat up baby grand piano and play finer than a common pianist playing the best Steinway baby grand.

One may find this a most uncanny yet amazing trait that stars bring about, well, only when you begin to recognize the principal applied here. For this reason people look at stars and believe that it is just happen stance or something set up by heavy connections that are causing these accomplishments. These accomplishments occurred as a direct result of specific willful practices applied to cultivate routines that genuinely enhance an individual's performance to be a star.

So you may ask, what will it take to develop this authenticity in your performance?

The classic principals are steps for you to follow. This handbook is broken down into simple parts for the practices required will develop habits over time that you will surely develop for an authenticity of a star:

Part 1: Being a Star

To start being Star, initiate Star Attitude. Develop a definite goal having an expectation to stardom. Let go of any concerns as to what it takes to get there. This will eventually arrive. Create an expectation and let it be.

Make this commitment to star standards. Commit to a decision to forever always keep to your original standards, regardless of any outcome.

Make a commitment to enhancing the mindset to believing in achieving the "improbable" and to the research, knowledge supporting this versus damaging of the reputation of it.

Part 2: Plan as a Star

Execute the learning of the power of focus by writing out a specific plan and getting started on it immediately, whether you're ready or not. Remember, there is no perfect plan and the only perfect time to start is right now.

Commit yourself to developing the belief that failure is feedback and an opportunity to restructure your plans.

When you learn what works, focus all of your energy and attention towards applying and refining that strategy. Remember that the process of learning from failure is the key to becoming an expert.

Part 3: Act as a Star

Being present focusing all of your energies passionately and letting your irresistible devotion to performing inspire you.

It will be that day that you always recall when weather winning or losing is gone when giving all you got leaving nothing left but to therefore not worry.

Detaching the result when giving your 100% committing to perfection in performing, the entertainment award comes on its own.

Part 4: Live as a Star

Recognize that the entertainment universe is owned by the unsatisfied and continual development is constant for life, committing to this by loving to perform is critical to being a star. This is the key distinction between dissatisfaction and unhappiness.

Recall that change is always to forever grow and making that decision as to who you want grows into is the only part you can control.

A final point to keep in mind is stars become stars for their authenticity to who they really are inspired to be, so create the authenticity of a star, so stardom becomes sheer ease and fresh as waking naturally to the sunrise.

Part 5: Action as a Star Action Anti-Distraction Planner

Action and focus is the key, like a magnifying glass to a piece paper as a goal to start a fire, the sun has the power to start a fire and anything distracting light from the magnifying glass will keep a piece of paper from ever burning. We must recognize as we plan and take action adjusting any distractions focusing on the exact point to igniting a piece of paper as a metaphor. We shall reflect upon any day by listing our to do's and distractions as we plan, take action and

measure while we write down our thoughts to make better our results aiming at our goal.

COMMITMENT:

On my honor I, _____ shall commit to diligently take action in writing and the execution of my plan in my Action Anti-Distracton Planner for my entertainment development that I shall give the name:_____.

By signing here, I am making a promise to solemnly keep my personal commitment to always and forever complete whatever it takes to achieve my success in my entertainment development with my own individual standards to stardom.

Signature

Date

Take action immediately to begin to utilize this planner to effectively plan out your entire year, one month at a time by making copies of these pages to bind them into a folder of your choice. You will at the completion of every month reflect upon all of your achievements and distractions as you get better and better and shall increase your sense of accomplishment creating your life on your journey to stardom. You will begin to now attract the right things and people into your life as everything shall become clearer by looking, sounding, and feeling better and better to being a star.

DAILY MOTIVATIONAL QUOTE: Whatever course you decide upon, there is always someone to tell you that you are wrong. There are always difficulties arising which tempt you to believe that your critics are right. To map out a course of action and follow it to an end requires courage. Ralph Waldo Emerson

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DAILY MOTIVATIONAL QUOTE: Thinking is easy, acting is difficult, and to put one's thoughts into action is the most difficult thing in the world.

[Goethe, Johann Wolfgang von](#)

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DAILY MOTIVATIONAL QUOTE:

"Happiness can only be found if you can free yourself of all other distractions." Saul Bellow

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DAILY MOTIVATIONAL QUOTE: As you begin changing your thinking, start immediately to change your behavior. Begin to act the part of the person you would like to become. Take action on your behavior. Too many people want to feel, then take action. This never works.

[John Maxwell](#)

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DAILY MOTIVATIONAL QUOTE: High achievers spot rich opportunities swiftly, make big decisions quickly and move into action immediately. Follow these principles and you can make your dreams come true. [Robert H. Schuller](#)

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DAILY MOTIVATIONAL QUOTE:

"By prevailing over all obstacles and distractions, one may unfailingly arrive at his chosen goal or destination." Christopher Columbus

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DAILY MOTIVATIONAL QUOTE: Good actions give strength to ourselves and inspire good actions in others. [Plato](#)

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DAILY MOTIVATIONAL QUOTE: The mark of a good action is that it appears inevitable in retrospect. [Robert Louis Stevenson](#)

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DAILY MOTIVATIONAL QUOTE: When once a man has made celebrity necessary to his happiness, he has put it in the power of the weakest and most timorous malignity, if not to take away his satisfaction, at least to withhold it. His enemies may indulge their pride by airy negligence and gratify their malice by quiet neutrality. [Samuel Johnson](#)

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DAILY MOTIVATIONAL QUOTE:

Whatever you think you can do or believe you can do, begin it. Action has magic, grace and power in it. [Goethe, Johann Wolfgang von](#)

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DAILY MOTIVATIONAL QUOTE: Action may not bring happiness but there is no happiness without action. [William James](#)

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DAILY MOTIVATIONAL QUOTE: We are all functioning at a small fraction of our capacity to live life fully in its total meaning of loving, caring, creating, and adventuring. Consequently, the actualizing of our potential can become the most exciting adventure of our lifetime. [Herbert Otto](#)

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DAILY MOTIVATIONAL QUOTE:

Never mistake motion for action. [Ernest Hemingway](#)

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DAILY MOTIVATIONAL QUOTE:

The greatest joy I know is to do a good action by stealth, and have it found by accident.

[Charles Lamb](#)

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DAILY MOTIVATIONAL QUOTE:

Action is eloquence.

[William Shakespeare](#)

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DAILY MOTIVATIONAL QUOTE:

Inaction breeds doubt and fear. Action breeds confidence and courage. If you want to conquer fear, do not sit home and think about it. Go out and get busy. [Dale Carnegie](#)

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DAILY MOTIVATIONAL QUOTE:

"You can't build a reputation on what you're going to do." *Henry Ford*

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DAILY MOTIVATIONAL QUOTE:

"I think one's feelings waste themselves in words; they ought all to be distilled into actions which bring results." *Florence Nightingale*

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DAILY MOTIVATIONAL QUOTE:

"You're a doer, because you're prepared to make the necessary effort to translate your dream into action." *Paul McCabe*

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DAILY MOTIVATIONAL QUOTE:

"We need to determine what activities best utilize our time in order to achieve the results we desire in all areas of our life!" *Catherine Pulsifer*

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DAILY MOTIVATIONAL QUOTE: "Dare to dream, but even more importantly, dare to put action behinds your dreams."

Josh Hinds

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DAILY MOTIVATIONAL QUOTE: “For every failure, there's an alternative course of action. You just have to find it. When you come to a roadblock, take a detour.” Mary Kay Ash

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DAILY MOTIVATIONAL QUOTE: "Speaking from my personal experiences, setting goals, along with a detailed action plan, has actually changed my life from one cast in frustration to one of purpose."

Catherine Pulsifer

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DAILY MOTIVATIONAL QUOTE: "What will they remember; your actions today will determine what they will remember." *Catherine Pulsifer, from Remembering You*

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DAILY MOTIVATIONAL QUOTE: "I think there is something, more important than believing: Action! The world is full of dreamers, there aren't enough who will move ahead and begin to take concrete steps to actualize their vision." *W. Clement Stone*

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DAILY MOTIVATIONAL QUOTE:

"You must take action now that will move you towards your goals. Develop a sense of urgency in your life." *Les Brown*

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DAILY MOTIVATIONAL QUOTE:

"A man is the sum of his actions, of what he has done, of what he can do. Nothing else."
Mahatma Gandhi

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DAILY MOTIVATIONAL QUOTE: "Action is a great restorer and builder of confidence. Inaction is not only the result, but the cause, of fear. Perhaps the action you take will be successful; perhaps different action or adjustments will have to follow. But any action is better than no action at all." *Norman Vincent Peale*

MONTH:		DAY:		DATE:	
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EFFICIENCY RATING (check mark a number)					
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DAILY MOTIVATIONAL QUOTE:

"Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible." *St. Francis of Assisi*

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EFFICIENCY RATING (check mark a number) _1_2_3_4_5_6_7_8_9_10_					
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DAILY MOTIVATIONAL QUOTE:

"I don't want my body to be a distraction from my talent or my brain." [Shania Twain](#)

MONTH:		DAY:		DATE:	
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EFFICIENCY RATING (check mark a number) _1_2_3_4_5_6_7_8_9_10_					
REFLECTIVE THOUGHTS;					

DAILY MOTIVATIONAL QUOTE:

“In the arena of human life the honors and rewards fall to those who show their good qualities in action.” Aristotle

MONTH:		DAY:		DATE:	
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REFLECTIVE THOUGHTS;					

Recommended Reading

The 11 Forgotten Laws – By Bob Proctor

<http://www.2thinkrich.com/11/laws>

Bob Proctor, one of the key figures in "The Secret", believes that the Law of Attraction is incomplete, and has revealed 11 forgotten laws that give the Law of Attraction its real power.

"The Secret" was released in recent years, bringing the Law of Attraction to the attention of many people worldwide... yet the results they tried to attract were probably not as successful as they could have been, given we are currently in a global recession.

This financial crisis makes conditions for success harder and more stressful than ever before.

Bob Proctor, together with best-selling author Mary Manin Morrissey, answer the question why the Law of Attraction may not be working for you in "The 11 Forgotten Laws".

They say the movie "The Secret" amplifies all the 'sexy', less vital information in the name of sensationalism, and as a result the Law of Attraction brand many people see today is a watered down version of the real thing.

"The 11 Forgotten Laws" is an audio training set of 95 tracks that cover each of the 11 forgotten laws in detail, and what you must do to put them into practice, and start making the Law of Attraction work for you.

This comprehensive audio training is combined with a step by step online workbook that will help guide you through your transformational change.

If you want to take control of your financial life, and you don't want to waste time fumbling around and making mistakes, then "The 11 Forgotten laws" is exactly what you've been looking for.

<http://www.2thinkrich.com/11/laws>